



Results Fitness

1600 Orchard Drive, Chambersburg, PA 17201

(717) 262-4650 (Option 2)

FITNESS CENTER HOURS

Monday-Thursday 5:30a-9:00p

Friday 5:30a-8:00p

Saturday 6:00a-4:00p

Sunday CLOSED

Wellspan.org/offices-locations/wellspan-results-fitness/

Memberships

Regular

Single

1 Month - \$30

3 Months - \$85

6 Months - \$165

12 Months - \$320

Family

1 Month - \$85

3 Months - \$245

6 Months - \$475

12 Months - \$900

WellSpan Employees

Single

1 Month - \$25

6 Months - \$90

12 Months - \$180

Family

1 Month - \$75

6 Months - \$275

12 Months - \$500

SPECIAL SERVICES/OFFERS

Post Physical Therapy, Cardiac Rehab, and Weight Management

- \$60 for first three months + 1st Program

Personalized Fitness Programs

- A 3-month fitness program that is tailored to your individual health goals and needs – only \$25!
- Staff leads you through your program 2-3 times so that we can explain and familiarize you with your new program

Personal Training

- Individualized workouts with a trainer to lead you through the entirety of your workout
- Helpful for promoting adherence, accountability, and self-efficacy!

- *Get 1 session for \$35, 3 sessions for \$100, 5 sessions for \$150, or 10 sessions for \$300!*